



**UNIVERSITÀ DEGLI STUDI DI BERGAMO**

**Dipartimento di Scienze umane e sociali**

**MASTER'S DEGREE PROGRAM IN CLINICAL PSYCHOLOGY**

**International and Italian Curriculum**

**CORSO DI LAUREA IN SCIENZE PSICOLOGICHE**

**DOTTORATO IN FORMAZIONE DELLA PERSONA E MERCATO DEL LAVORO**

*All students and professors of the above mentioned courses  
are invited to the following seminar*

## **Therapeutic Alliance and Referential Activity 2 instruments to foster relational and clinical skills**

**June 14<sup>th</sup>, 2018 – classroom 11 & 12, via Pignolo  
9.00 am - 1.00 pm**

*Dr. Christopher Christian, Ph.D.*

*Editor-in-Chief, Psychoanalytic Psychology, Journal of Division 39 of APA  
Dean and Training Analyst at the Institute for Psychoanalytic Training and Research  
Clinical Supervisor and Professor, City College of New York, City University of New York*

The Therapeutic Alliance is widely recognized as one of the best predictors of psychotherapy treatment outcome, even if according to some meta-analyses it accounts for only about 7% of the variance in outcome studies. Thus, there is an interest in understanding other factors that impact the therapeutic relationship and can explain ruptures in the alliance. Referential Activity is a language measure of recent interest, which has been shown to reliably detect variations in the emotional engagement of patient and therapist during psychotherapy sessions.

This seminar will explore the relationship between the Therapeutic Alliance and Referential Activity from a theoretical, research and clinical point of view. Two research tools will be presented to illustrate their application in detecting ruptures in the therapeutic alliance: Segmented Working Alliance Inventory (SWAIO; Berk, Safran, Muran & Eubanks-Carter, 2010) and the Weighted Referential Activity Dictionary (WRAD; Bucci, 2014). Participants will practice and discuss in small groups the application of these scoring methods.

*Please send an email to [luca.belotti@unibg.it](mailto:luca.belotti@unibg.it) to register for the seminar.*

The seminar will be held in English; a certificate of attendance will be issued to undergraduate, graduate and doctorate students; the attendance will be acknowledged as part of the traineeship activities.