



UNIVERSITÀ
DEGLI STUDI
DI BERGAMO

Dipartimento
di Scienze Umane
e Sociali

MASTER'S DEGREE IN CLINICAL PSYCHOLOGY FOR INDIVIDUALS, FAMILIES AND ORGANIZATIONS

Clinical Psychology in the public healthcare system; a Transcultural perspective.

An Overview on Social and Health Services

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Date November 7th, 2023 2.00 pm - 6.00 pm
Classroom 2, Pignolo

The workshop will analyse the role of the Psychologist in various areas of the Italian mental health public sector such as outpatient centres, child protection units, community centres. A brief introduction on the changes that have come about in the field in the last 50 years, which marked the beginning of the deinstitutionalisation process and the establishment of psycho-social-rehabilitation services on the territory with more direct contact with the community, will be provided. Emphasis will be placed on both theoretical and practical aspects pertaining to the bio-psycho-social-cultural model to diagnosis, care and case management and their therapeutic implications, in the light of an increasingly multi-cultural society and the challenges it poses within public services. We will also undertake a brief analysis of the most relevant mental health issues and their clinical and social implications and how risk and protective factors can curb or exacerbate current trends in mental health in and outside of the Italian borders and how the psychologist can provide a significant contribution in promoting individual well-being, addressing critical situations as well as providing support and liaising with key mental health professionals and institutions using a team-oriented approach to diagnosis and care. Clinical cases and hands-on activities will also be provided.

Attendance will be certificated as part of the traineeship activities