



UNIVERSITÀ
DEGLI STUDI
DI BERGAMO

Dipartimento
di Scienze Umane
e Sociali

Master's Degree in Clinical Psychology for Individuals, Families and Organizations

Clinical Psychology in Private Setting

The epistemological, theoretical and technical bases of his action

Dr. Elda Arpaia

Psychologist and psychotherapist, holder of the "Anthropos" Center for Psychotherapy, Psychiatry and Psychology in Bergamo

December 15th, 2023 1.00 pm - 5.00 pm
Classroom 6, via Pignolo 123

In this seminar we want to deal with how the clinical psychologist stands before the request for help, on what scientific basis he identifies the real question and on what theoretical basis he declines his intervention, freeing himself from preconceived schemes. In a few words, how he moves between the theory and the technique in the daily life of a private Psychology Center.

Also stimuli will be proposed about the meaning of the diagnosis, on which there is much to reflect, especially in relation to the use that can be made of it.

The ultimate goal is the enhancement of the role and the competencies of the future clinical psychologists.

Attendance will be certificated as part of the traineeship activities.