



SPR - WORKSHOP



Speaker: Giorgio TASCA, Ph.D., C. Psych.

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Chairperson: Angelo COMPARE, Ph.D.

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The Society for Psychotherapy Research - Italian Chapter and University of Bergamo together present this workshop & streaming event

State of the Art in Eating Disorders Treatment

*** 25 maggio 2015 ***

La partecipazione ai workshops è gratuita. Il numero di posti in presenza è limitato.
I video dei workshops verranno caricati sulla piattaforma  <https://goo.gl/xuS8Di>
È richiesta una mail d'iscrizione da inviare a: seminari.unibg@gmail.com



SOCIETY FOR
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Introduction

The goal of this introductory seminar is to review the current state of the art of eating disorders assessment and treatment. I will review the DSM-5 diagnostic criteria for the common eating disorders including their prevalence. I will also discuss: (1) common medical complications; (2) medication interventions for the eating disorders that have the best evidence base; (3) psychological interventions for eating disorders; and (4) some of my research on attachment insecurity predicting drop out and outcomes in the treatment of eating disorders. I will end the seminar with a discussion of common and effective psychometric and clinical assessment tools to guide clinical decisions.

Selected References

- Tasca, G.A. & Balfour, L. (2014). Attachment and eating disorders: A review of current research. *International Journal of Eating Disorders*, 47, 710-717.
- Tasca, G.A., Wood, J., Demidenko, N., & Bissada, H. (2002). Using the PAI in an eating disordered population: Scale characteristics and differences among diagnostic groups. *Journal of Personality Assessment*, 79, 337-356.
- Yager, J., Devlin, M.J., Halmi, K.A., Herzog, D.B....Zerbe, K.J. (2006). Practice guidelines for the treatment of patients with eating disorders. American Psychiatric Association: http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/eatingdisorders.pdf.

Learning Objectives

The learner will be able to:

- 1) Understand the medication interventions with the best evidence for the treatment of eating disorders.
- 2) Understand the psychological interventions with the best evidence for the treatment of eating disorders
- 3) Be able to identify attachment insecurity in patients and how these may impact the treatment of patients with eating disorders
- 4) Be able to select the most appropriate assessment tools that will guide clinical interventions for eating disorders

Intended Audience

Graduate students in clinical psychology. Introductory to intermediate.

Where

h. 14.00-17.00 - AULA 6 - S. AGOSTINO (UNIBG piazz.le S. Agostino)

Video sharing: YouTube <https://goo.gl/xuS8Di>