



SPR - WORKSHOP



Speaker: Giorgio TASCA, Ph.D., C. Psych.

Visiting Professor, Human & Social Science Dpt., University of Bergamo, Italy

Associate Professor in Clinical Psychology, Member of the Faculty of Postdoctoral and Graduate Studies at the University of Ottawa, Canada
Director of Clinical & Research, Centre for the Treatment of Eating Disorders, Ottawa Hospital, Canada


Chairperson: Angelo COMPARE, Ph.D.

Assistant Professor, Human & Social Science Dpt., University of Bergamo, Italy

The Society for Psychotherapy Research - Italian Chapter and University of Bergamo together present this workshop & streaming event

Attachment and Psychotherapy

*** 26 maggio 2015 ***

La partecipazione ai workshops è gratuita. Il numero di posti in presenza è limitato.
I video dei workshops verranno caricati sulla piattaforma  <https://goo.gl/xuS8Di>
È richiesta una mail d'iscrizione da inviare a: seminari.unibg@gmail.com



SOCIETY FOR
PSYCHOTHERAPY
RESEARCH

AN INTERNATIONAL,
MULTIDISCIPLINARY,
SCIENTIFIC ORGANIZATION

UNIBG-SPR WORKSHOP

Introduction

The goal of this seminar is to review the impact of attachment theory on psychotherapy processes and outcomes. The first part of the seminar will be a review of attachment theory with a focus on Adult Attachment Interview concepts such as attachment categories, coherence of mind, disorganized mental states, and reflective functioning. Audio excerpts from AAI will be used to illustrate attachment constructs. Research on the AAI will be reviewed, especially related to psychopathology. In the second part of the seminar I will focus on some of my research on attachment and group psychotherapy that illustrates how attachment functioning can affect psychotherapy outcomes and processes. Finally, I will review clinical implications of attachment constructs and research, and how clinicians can use attachment constructs to inform their practice so that patient outcomes can be improved.

Selected References

- Marmarosh, C. L., & Tasca, G. A. (2013). Adult attachment anxiety: Using group therapy to promote change. *Journal of Clinical Psychology*, 69(11), 1172-1182.
- Steele, H., Steele, M., & Murphy, A. (2009). Use of the Adult Attachment Interview to measure process and change in psychotherapy. *Psychotherapy Research*, 19(6), 633-643.
- Tasca, G. A., Ritchie, K., & Balfour, L. (2011). Implications of attachment theory and research for the assessment and treatment of eating disorders. *Psychotherapy*, 48(3), 249.
- Wallin, D. J. (2007). *Attachment in psychotherapy*. Guilford Press.

Learning Objectives

The learner will be able to:

- 1) To understand the role of attachment functioning on patient psychopathology, affect regulation, and interpersonal functioning.
- 2) To gain knowledge of the research showing the impact of attachment on psychotherapy process and outcome.
- 3) To be able to use attachment concepts to inform conceptualizations of patients and treatment decisions.

Intended Audience

Ph.D. and M.A. students in clinical psychology. Health professionals. Intermediate level.

Where

h. 16.00-18.00 - AULA 15 CANIANA (UNIBG via dei Caniana)

Video sharing: YouTube <https://goo.gl/xuS8Di>