Curricular Traineeship Presentation

Clinical Psychology for Individuals, Families and Organizations

Dr. Luca Belotti - <u>luca.belotti@unibg.it</u>

Dr. Giovanbattista Andreoli - giovanbattista.andreoli@unibg.it



Educational Goals

- The traineeship is aimed to orient students within the labor market especially concerning the psychologist profession, fostering a *personal and reflective positioning* among the several theories, methods and techniques applied in the psychological activity.
- In order to promote a *professional self awareness* it is necessary that students get involved in the traineeship with a personal commitment, activating some transversal skills (flexibility, willingness to listen, autonomy, etc.) and actively participate at all the activities of the traineeship program (**250 hours**).



Credits, hours and activities

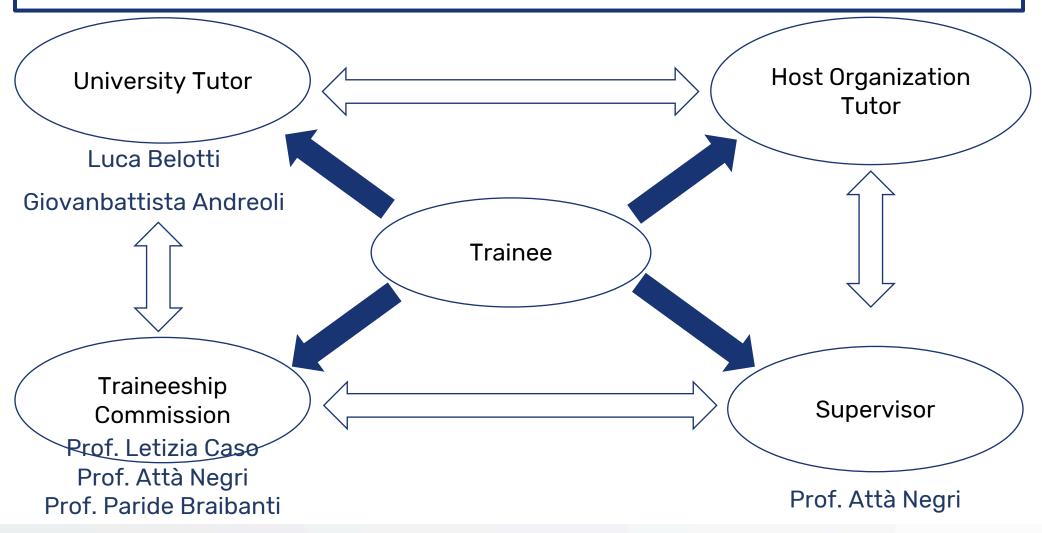
250 hours:

- 200 hours → Internship (host organization)
- 15 hours → Workshops (University campus, 3 workshops/5 hours each)
- 5 hours → Meetings with University Tutor (individual and/or small group)
- 10 hours → Seminars (University campus)
- 20 hours → Essay (home)

10 credits



Roles





How to start

- 1. Apply for the traineeship
- 2. Search for a host organization
- 3. Definition of aims and activities
- 4. Compilation of the training project
- 5. Approval by the supervisor
- 6. Beginning of the traineeship



1. When to apply

There are only two periods in which it is possible to apply during the academic year:

- from October the 1st to November the 10th
- from March the 1st to March the 15th

All second year students

Email to <u>luca.belotti@unibg.it</u> or <u>giovanbattista.andreoli@unibg.it</u>
Sub. "Application for the traineeship - Name and Surname"



2. Host organization

With the help of the university tutor, the student must search for a host organization eligible for the internship and a psychologist that could be the host organization tutor.

A non-exhaustive list of organizations eligible for apprenticeships can be consulted at the following web website: https://tirocini.opl.it

Listed for at least 3 years in the practitioners roster (Albo degli Psicologi della Lombardia)

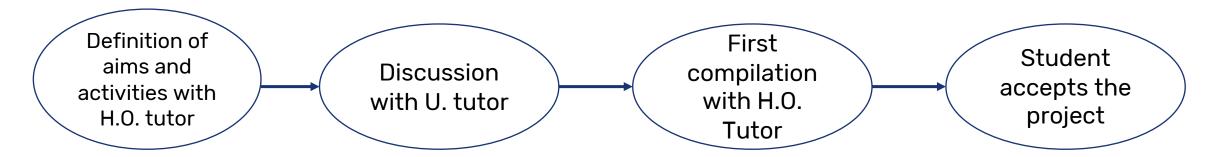
In case the host organization does not have a formal agreement with the University, a
new agreement through the online system (http://sportello.unibg.it/esse3/Home.do)
can be activated jointly by the host organization and the university, with the help of
the university tutor.



3. Training project

Once a host organization has been found the student must contact both the host organization tutor and the university tutor, and discuss with them the contents of the training project defining the specific *educational goals*, the *activities* to be performed, the *operating modes* and the *schedule* of the internship.

Specific form at http://sportello.unibg.it/esse3/Home.do



The internship in the host organization can last between two and six months, and should start normally in November or in April, in agreement with the host organization tutor.



4. Approval

The training project must be discussed with and signed by the *supervisor*, prof. Attà Negri, (atta.negri@unibg.it), with the university tutor, at least one week before the scheduled start of the internship, during regular office hours indicated on the university website.

Office n° 8, S. Agostino

Tuesday, 14:00 – 16:00

CHECK VARIATIONS!



5. Beginning the traineeship

- The trainee may begin his/her internship in the host Organization from the 7th day
 after the project has been presented to the Placement Office (via San Bernardino,
 72/e, Bergamo). It is not possible to start the internship before that date.
- Before starting the internship the student must download the traineeship *Curricular Registry* to be filled out during the internship.

(unibg.it/sites/default/files/curricular_traineeship_registry.pdf)



6. Ending the traineeship

The student may end the traineeship after:

- having completed the hours at the host organization
 → Traineeship Curricular Registry
- having received the approval on the essay by the university tutor and the supervisor
- having completed the hours at the University (workshops, seminars and meetings with the university tutor) → University Traineeship Activities
 Registry

Delivered to the Placement Office no later than 60 days after the date of the last signature.

The student can graduate 30 days after having presented these documents to the Placement Office



The essay

- Between 30,000 and 40,000 characters (including spaces)
- Sections:
 - description of the psychologist position within the host organization (role, mandate, relationship with the organization and its mission, etc..);
 - aims, target, tools, epistemological and theoretical background of the observed psychological activities;
 - description of the activities observed by the trainee, reflecting on the coherence between the epistemological, theoretical and technical level;
 - analysis of the skills and competences enhanced during the internship, the emotions and personal values elicited by the experience, the significance of the experience in view of one's professional career.

The essay must be sent by email to the University Tutor at the end of the internship.

After the essay has been evaluated and approved, it must be sent to the Supervisor.



Workshops and Seminars

- Workshops \rightarrow 3 per period, they must be attended only during the period you applied for.
- Seminars \rightarrow 5 in total, each one of them can be attended (10 hours at least).

Calendar (1° period):

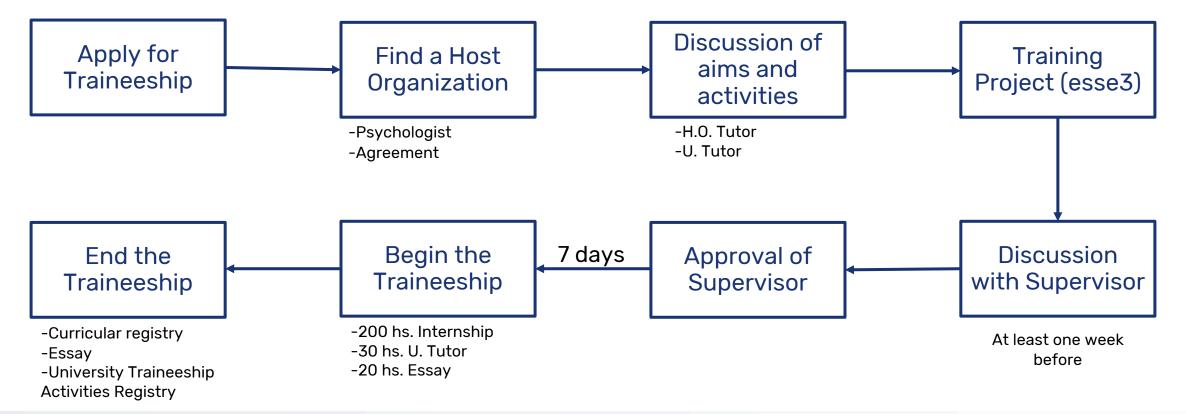
- October, 24: Presentation
- November, 30: Seminar (Clinical context)
- January, 22: Workshop #1 (Epistemology)
- February 26: Workshop #2 (Psychologist abroad)
- March 7: Seminar (Organizational Context)

Temporary calendar (2° period):

- March, 5: Presentation
- March/September: Workshop #1
 (Epistemology), Seminar (Hospital context),
 Seminar (Social and no-profit context),
 Workshop #3 (Deontological ethics),
 Workshop #2 (Psychologist abroad)



Recap





Traineeship abroad

It is possible to carry out the curricular traineeship abroad if:

- the internship is defined in the Learning Agreement of an Erasmus project. It is
 mandatory and necessary, before leaving, to have an agreement with both the tutors
 and the supervisors in regards to the training project to be included in the Learning
 Agreement, and inform the Placement Office (tirocini@unibg.it);
- the internship is defined during an Erasmus permanence, extending the stay for the period of the internship. In this case the student during the Erasmus period will agree with both the tutors and the supervisors the training project and inform the Placement Office (tirocini@unibg.it);



Traineeship abroad

 the internship is not a part of an Erasmus project and the student finds abroad, in accordance with the university tutor and the supervisor, an eligible host organization with a psychologist tutor defining a training project. The modalities for starting the traineeship operate in the same way as the Italian host organizations.

230 hours of internship + 20 hours for writing the essay



Exemption for working students

- The email must be sent from the 1st of October to the 31st of October, and from the 1st of April to the 31st of April.

If the workplace context allows to conduct a psychological analysis of the activities performed, the trainee has to write an essay of 30,000-40,000 characters (including spaces) on his/her own workplace context and send it by email to the University Tutor.

- description of the working context (mission, values, organigram, functions) and of the role within it
- description of the psychological aspects or problems encountered, analyzing them according to a theoretical background;
- <u>personal considerations</u> about the job, also linking it to a future professional career.



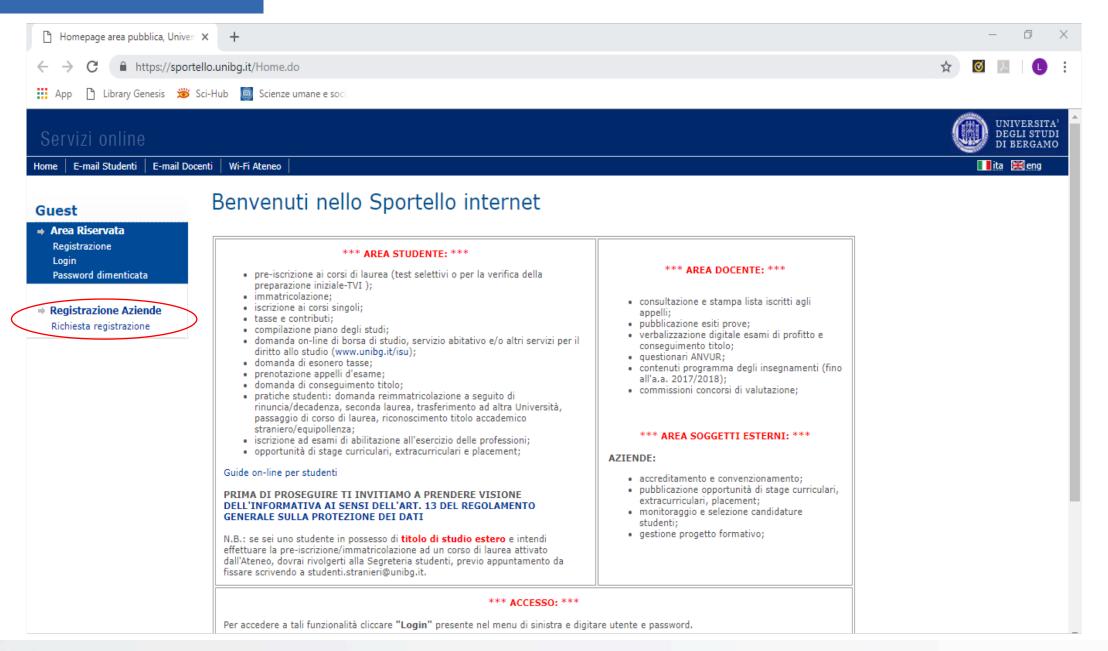
If it is not possible to write an essay on the working context, the student must write an essay in which will critically analyze the following books:

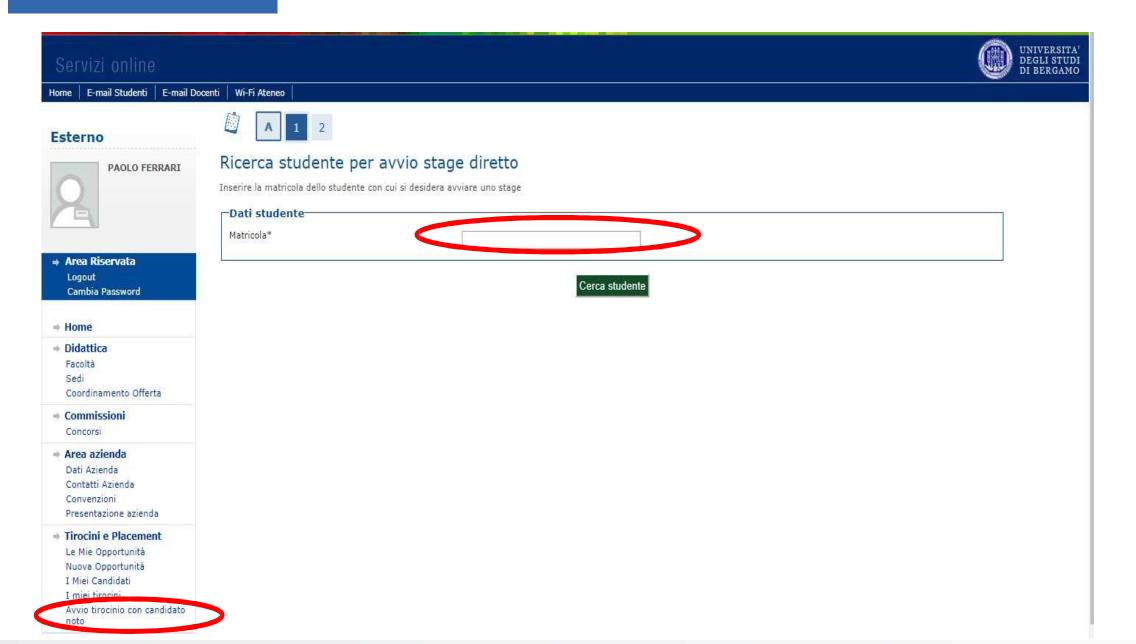
- Johnstone, L., & Dallos, R. (2013). Formulation in psychology and psychotherapy: Making sense of people's problems (2nd ed.). London: Routledge;
- McWilliams, N. (2011). Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process. NY: Guilford Press.



New agreement & Training project compilation









Ambiente di test



Home | E-mail Studenti | E-mail Docenti | Wi-Fi Ateneo

Esterno



PAOLO FERRARI

⇒ Area Riservata

Logout Cambia Password

⇒ Home

⇒ Didattica

Facoltà Sedi

Coordinamento Offerta

→ Commissioni

Concorsi

→ Area azienda

Dati Azienda Contatti Azienda Convenzioni

Presentazione azienda

→ Tirocini e Placement

Le Mie Opportunità

Nuova Opportunità I Miei Candidati

I miei tirocini

Avvio tirocinio con candidato

noto







Avvio stage diretto

Si ricorda che:

TIROCINIO CURRICULARE è attivabile solo se previsto da Piano di Studio o collegato alla stesura della Tesi di Laurea

TIROCINO EXTRACURRICULARE è attivabile per studenti/esse e laureati/e in stato di disoccupazione, ai sensi dell'articolo 19 del D.lgs. 150/2015 -compresi coloro che svolgano il tirocinio entro 12 mesi dal conseguimento del titolo, oppure studenti/esse e/o laureati/e già occupati che siano in cerca di altra occupazione

TIROCINO EXTRACURRICULARE di PSICOLOGIA è attivabile per laureati in Psicologia Clinica ed è finalizzato all'iscrizione all'albo professionale

Dati studente		
Nome	GABR	
Cognome	MARZ	
Matricola	1035677	
Corso di studio	[L.I.G.] INGEGNERIA GESTIONALE	

-Dati stage-	
Sede dello stage*	Via Brembo 25, 24035, Curpo, BG, ITALIA ▼
Tipologia di opportunità*	Ti ocinio Curriculare ▼



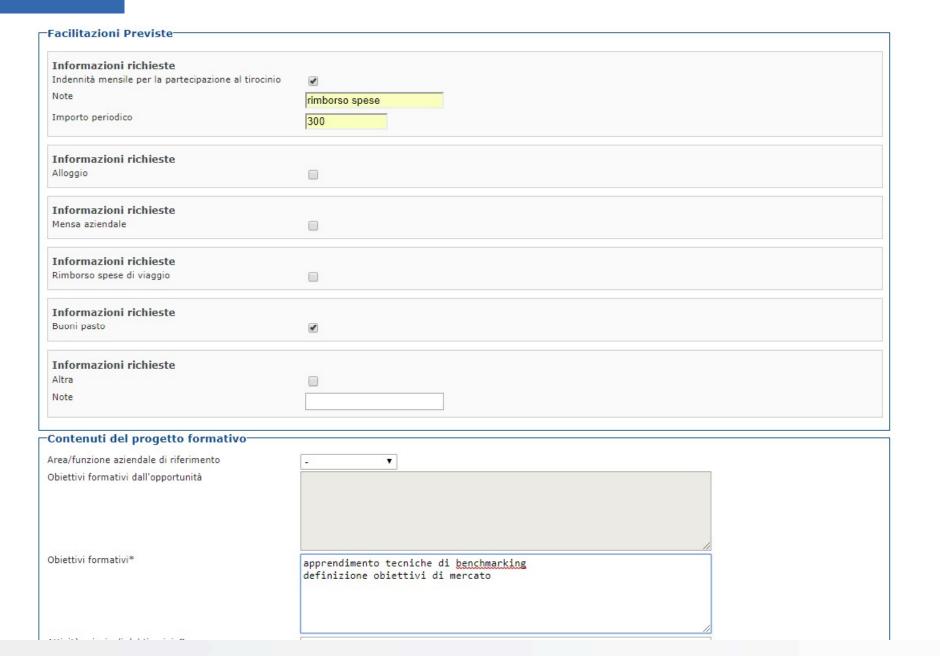




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was the second s		
Responsabile amministrativo	FERRARI PAOLO ▼	
Telefono del responsabile amministrativo		
Email del responsabile amministrativo	recruiting@brembo.it	
Contratto di lavoro		
Fascia di dipendenti*	Da 20 addetti in poi ▼	
Numero di dipendenti in azienda	250	
Numero di tirocinanti in azienda*	2	
Numero di tirocinanti extra-curriculari in azienda		
Azienda in regola con la normativa stage		
-Informazioni		
Convenzione azienda	Convenzione tirocini Brembo mediante Raccomnadata A/R	
Natura		
Responsabile della gestione tirocinio		
Sede*	Via Brembo 25, 24035, Curno, BG, ITALIA ▼	
Data inizio*	(gg/MM/yyyy)	
Data Inizio	23/08/2018	
Data fine*	(gg/MM/yyyy) 22/11/2018	
Durata prevista (mesi)	3	
Durata prevista (settimane)		
Durata prevista (giorni)*	91	
Durata prevista (ore)*	125	
Modalità di svolgimento	Part Time ▼	
Orario previsto	9-12	
Numero di giorni alla settimana dedicati allo stage	2	
Numero di ore giornaliere dedicate allo stage	2	
Tutor aziendale*		
Tutor aziendale	MOLOGNI MASSIMILIANO ▼ Se il tutor non è presente nella lista è necessario inserirlo nella sezione "contatti azienda" e	
	successivamente compilare il progetto.	



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Attività principali del tirocinio*	analizzare i dati delle vendite del settore <u>automotive</u> cina	
Figura professionale di riferimento	addetto al marketing codice <u>istat</u> 2.4.3.1	
Per ricercare il profilo professionale di riferimento utilizzare i link sottostanti: http://www.ifl.servizirl.it/site http://cp2011.istat.it/ ³⁸		
Competenze attese	elementi di marketing	
Contenuti della formazione generale	formazione sulla sicurezza	
Modalità di verifica degli apprendimenti	incontri con tutor e verifiche ogni 15 giorni	
Durata prevista (ore)*	125	
Contenuti della formazione specifica	nessuna	
Ore della formazione specifica*	0	



Studente



GABRIELE MARZUPIO

Area Riservata
 Logout
 Cambia Password

- → Home
- ⇒ Segreteria
- Piano di Studio
- → Carriera
- ⇒ Esami
- ⇒ Laurea

→ Tirocini e Placement

HomePage Stage Aziende

Opportunità

Le mie opportunità Le mie candidature

Le mie ricerche salvate

Gestione tirocini

Proposta ai stage

→ Iniziative

Iniziative

→ Mobilità internazionale

Bandi di Mobilità

→ Questionari

Questionari valutazione attività didattiche

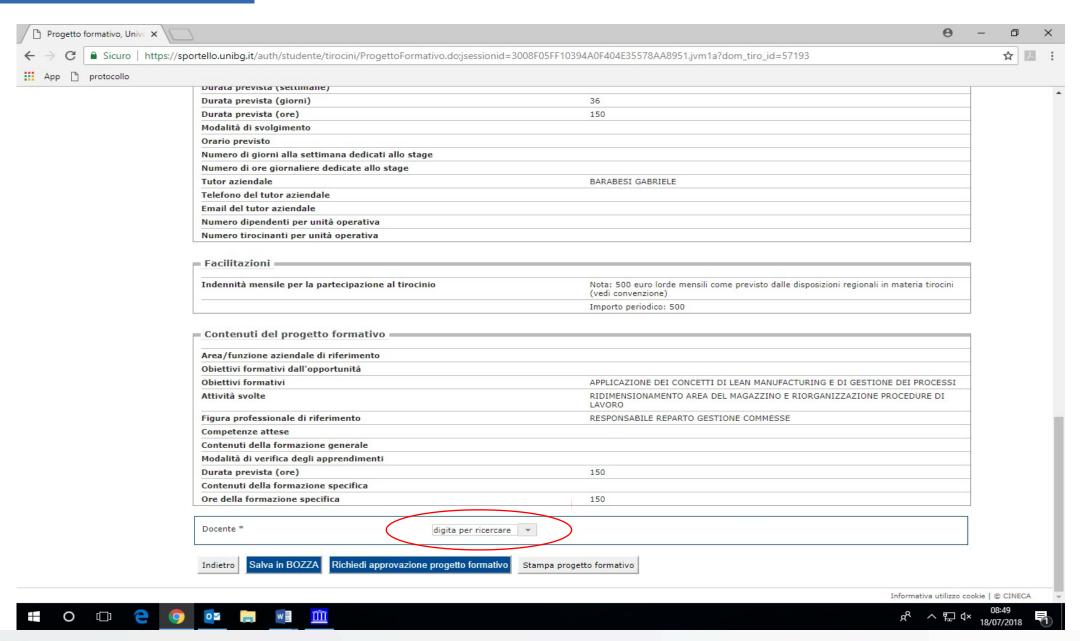
I miei Tirocini

Verifica i propri Tirocini.

Per prendere visione e confermare il progetto formativo compilato dall'azienda "cliccare" il pulsante rosso nel campo "progetto formativo",

Stato≑		Azienda 🗦	Opportunità 🗦	Data inizio 🗦		Progetto formativo		Convenzione e allegati	Proroghe e sospensior	Valutazione 🕆
	×	×	×		X		×	×	×	×
Scelto		Brembo S.p.A.		23/08/2018	1	⊚ Vedi	*******	Vedi	○ Vedi	Vedi
				14 44 Pagina	1	di 1 🕟 🖂				Visualizzati 1 - 1 di 1









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Dr. Luca Belotti - Tutor

Email: <u>luca.belotti@unibg.it</u>

Dr. Giovanbattista Andreoli - Tutor

Email: giovanbattista.andreoli@unibg.it

Prof. Attà Negri – Supervisor Email: <u>atta.negri@unibg.it</u> Office n° 8, S. Agostino (appointments arranged by email)

RELATOR

Prof. Attà Negri Dott. Luca Belotti

Dott. Giovanbattista Andreoli

SED

S.Agostino

05-03-2019